



# An Introduction To Endurance

Friday 23rd March at 7pm  
Knayton Village Hall

North and East Yorkshire group of Endurance would like to invite you to An Introduction to Endurance.

We will cover:

- What to expect at the venue
- Tack and equipment needed
- Basic map reading
- Different types of rides
- Working out speeds and timings
- Vetting
- Getting the horse fit  
and much more



It is £5 per person, refreshments included.

For more information contact Linda Birkitt 07787963822 or  
Caitlin Birkitt 07557354399 before 9pm

REGISTER ONLINE: <https://goo.gl/forms/Yp2TeqbuKoQrMLdN2>