

The Thorp Perrow Training Endurance Ride
And Easter Egg Hunt.

Run by the B.W.Y. Pony Club

At Thorp Perrow, Bedale, DL8 2PR, on Sunday 21st April.

Dear All,

Thank you for your entry. Your Number and approx. start time can be found on the attached sheet. If you have been omitted from this list please contact me..

Please enter the Park at the rear entrance. It will be sign posted off the Bedale/Well road.

The course will be really well marked but maps will be available on the day. Please do not ride on any mown verges. Be polite to all you pass.

All Pony Club members doing the 10 or 20km rides, take your mastercard to the secretary (Or pick up a mastercard if you havn't yet got one) when you collect your number and you need to have your ponies heart rates taken and trot them up for soundness half an hour before the start time of your ride. For Adult participants it is a Pleasure Ride so this is not necessary.

Tack up and be at the start at your allotted time.

All those 12yrs and under must ride with adult supervision, and you may go out by yourself, in a pair or as a threesome.

The 20km ride goes round the 10km loop twice, coming back to the venue in the middle (so we can check you are ok) .

The ride needs to be completed between 8 and 12kph. Going faster/slower means you wont get your Rosette or Easter Egg!!!

On finishing the ride make sure you offer your pony as much water as he would like to drink, wash off the sweat and mud, cool him down but keep a rug over him if it is chilly and then represent him to the vet within half an hour of finishing the ride, when your pony will be trotted up for soundness and the heart rate will be taken again. If your pony is really fit his heart rate should be in the low 40s . Easter Eggs and rosettes for all those who complete.

Refreshments will be arriving at about 11.00am. Please make use of them when you finish your ride.

Good luck to you all and I hope you enjoy yourselves on the 21st April.

Robert Blane 07740 508462