



North and East Yorkshire Group of Endurance GB



Competitive and Pleasure Rides



2016



Discover Endurance

Endurance riding in the UK is an ever growing equestrian sport catering for all ages, abilities and types of horses.

Endurance Riding through the national society 'Endurance GB' is divided into three types of rides:

PRs (Pleasure Rides) or TR's (Training Rides) - these can range in distance from a 5 km lead rein class to around 32 km rides. At national level rides where there is a pleasure ride, horses must trot up before a vet at the start of the ride and also on completion. **Pleasure Rides** are to be completed between 8km/hr and 12km/hr and are easily achieved by all riders. Pleasure rides are run by regional groups of Endurance GB and open to all. These events can also include fun activities such as treasure hunts, fancy dress, pairs and team classes.

GER's (Graded Endurance Rides) - these add an element of competition to your ride, as well as the opportunity to ride longer distances. GER's range from 32km all the way upto 160 km, however they are divided into three steps: Novice, Open and Advanced. All horses must pass a vet as well as a heart rate check. On longer distances riders must complete a series of loops and rest periods. Grade Points are awarded depending on speed and heart rate.

ER's (Endurance Rides) - considered the top level of endurance competition, ER's are long distance race rides, where all riders set off together and aim to complete in the fastest time, ER's are usually between 80km and 160km in length and include a number of rest 'holds'.

All endurance rides are marked by either tape or spray paint at key points along the route, however a basic level of map reading is required at all levels.



From the 2015 rider survey. 98% of riders at North & East Group rides were happy to recommend their ride to others. 100% of riders at Harwood Dale and White Horse Wander enjoyed their day and 100% said officials were friendly and helpful.

White Horse Wander received the best ride feedback out of all EGB rides in the whole country in 2015

Join Us

There are three ways you can get involved with the **North & East Yorkshire Group** of Endurance GB:

Non-member Come along to a pleasure ride as a non-member. Non-members are welcome at all group and national pleasure rides and social events. Non-members pay an increased premium to cover insurance for the day.

Associate Members Riders can join their local group as an Associate Member. Associate Members benefit from reduced ride entry rates at local group pleasure rides and are eligible for trophies at the end of each season by purchasing a Horse Distance Card and helping at a **North & East Yorkshire Group** ride. Associate Membership is a good route into endurance for those keen to attend more than a couple of rides during the season.

Full membership Endurance GB membership automatically gives you membership of your local regional group. As a full member you benefit from lower entry fees, magazine subscription and you can register your horse for competition (GER's & ER's). Each horse is given its own log book to record and track progress, enabling you to work up from Novice to Advanced level competitions.



New Associate Members can go to the **Joining** page at www.endurancegb.co.uk

"Thank you all for organising and running today's ride at the White Horse Wander. What an amazing route! and well marked and stewarded."

"Thank you for a great first pleasure ride, Diamond loved it and was an absolute star and you all just made a perfect way to start what I hope is going to be some amazing experiences, thank you."

"I do sometimes wonder why we spend hours packing everything into the car

*and trailer, drive to the venue, ride, then drive home....however, when you get to ride in places like Harwood Dale it makes it all worthwhile. **North & East Yorkshire** have surpassed themselves with this ride...fantastic venue. Views to die for, well-marked, varied route with some lovely tracks and a couple of trickier bits to keep us on our toes, lovely smiley helpers, nice vets - the best ride of 2015– Thank you from me and Squiggle."*



Rides for 2016



R&R Country, Escrick Park, nr York

21st February

Thorpe Perrow**

6th April

Helmsley

24th April

Jolly Moors, nr Whitby

7th &/or 8th May

Clifton Castle **

4th June

Dialstone, Old Byland, nr Thirsk*

19th June

Aram Grange**

10th July

Harwood Dale, nr Scarborough*

14th August

White Horse Wander, nr Kilburn *

25th September

Blakey, nr Kirkbymoorside

TBC September

Thirlby, nr Thirsk

TBC October

*include competitive rides as well as Pleasure Rides

** rides organised by Bedale and West of Yore Pony Club

*Dates are subject to confirmation, please check website for entry details and other rides. **All places must be pre booked on an entry form, entry form available on the website.***

www.endurancegbneyorkshire.co.uk

Ride Secretary: Heidi Lewis contact on:

01845 527547 or 07973445602 before 9.30 pm

13 Ingramgate, Thirsk. YO7 1DF

