

# Join Us

There are three ways you can get involved with the **North & East Yorkshire Group of Endurance GB**:

**Non-member** Come along to a pleasure ride as a non-member. Non-members are welcome at all group and national pleasure rides and social events. Non-members pay an increased premium to cover insurance for the day.

**Associate Members** Riders can join their local group as an Associate Member. Associate Members benefit from reduced ride entry rates at local group pleasure rides and are eligible for trophies at the end of each season by purchasing a Horse Distance Card and helping at a **North & East Yorkshire Group** ride. Associate Membership is a good route into endurance for those keen to attend more than a couple of rides during the season. To join go to the EGB website [www.endurancegb.co.uk](http://www.endurancegb.co.uk)

**Full membership** Endurance GB membership automatically gives you membership of your local regional group. Each horse is given its own log book to record and track progress, enabling you to work up from Novice to Advanced level competitions.



North & East Yorkshire  
Group of Endurance GB

# Rides 2017

R&R Country Escrick Park	26 <sup>th</sup> February
Thorpe Perrow** (Thursday)	13 <sup>th</sup> April
Wykeham*	23 <sup>rd</sup> April
Jolly Moors, nr Whitby	6 <sup>th</sup> &/or 7 <sup>th</sup> May
Helmsley	21 <sup>st</sup> May
Dialstone, nr Thirsk*	18 <sup>th</sup> June
Clifton Castle **	25 <sup>th</sup> June
War of the Roses*, Harrogate	8 <sup>th</sup> &/or 9 <sup>th</sup> July
Aram Grange**	16 <sup>th</sup> July
Harwood Dale*, Scarborough	13 <sup>th</sup> August
White Horse Wander	TBC September
Blakey, Hutton le Hole	TBC September
Thirlby, nr Thirsk	TBC October

\*include national competitive rides as well as Pleasure Rides.

\*\* rides organised in conjunction with Bedale and West of Yore Pony Club

Dates are subject to confirmation, please check website for entry details and other rides.



**All places must be pre booked on an entry form, entry form available on the website.**

[www.endurancegbneyorkshire.co.uk](http://www.endurancegbneyorkshire.co.uk)

Ride Secretary: Heidi Lewis contact on:

01845 527547 or 07973445602 before 9.30 pm



## North and East Yorkshire Group of Endurance



## Competitive and Pleasure Rides



# 2017



# Discover Endurance

Endurance riding in the UK is an ever growing equestrian sport catering for all ages, abilities and types of horses.

Endurance riding through the national society 'Endurance GB' is divided into three types of rides:



**PRs (Pleasure Rides)** or **TR's (Training Rides)** – these can range in distance from a 5 km lead rein class to around 32 km rides. At national level rides where there is a pleasure ride, horses must trot up before a vet at the start of the ride and also on completion.

**Pleasure Rides** are to be completed ideally between 8km/hr and no more than 12km/hr and are easily achieved by all riders. Pleasure rides are run by regional groups of Endurance GB and open to all. These events can also include fun activities such as treasure hunts, fancy dress, pairs and team classes.



## GER's (Graded Endurance Rides)

– these add an element of competition to your ride, as well as the opportunity to ride longer distances. GER's range from 32km all the way up to 160 km, however they are divided into three steps: Novice, Open and Advanced. All horses must pass a vet as well as a heart rate check. On longer distances riders must complete a series of loops and rest periods. Grade Points are awarded depending on speed and heart rate.



**ER's (Endurance Rides)** – considered the top level of endurance competition, ER's are long distance race rides, where all riders set off together and aim to complete in the fastest time, ER's are usually between 80km and 160km in length and include a number of rest 'holds'.

[www.endurancegbnyorkshire.co.uk](http://www.endurancegbnyorkshire.co.uk)



Photos by marimages.co.uk

## Comments from our riders:

*"Absolutely fantastic ride today".*

*"Thanks to everyone who made the ride possible. Everyone so friendly and helpful including the vets and vets assistants giving valuable advice".*

*"Hugh thanks for an amazing day and making us happy on our EGB debut".*

*"Thank you for a fantastic ride, great to see so many people enjoying their horses".*

*"A fantastic day at Dialstone, thank you" "had a great day, first time on my own but meet some lovely ladies to ride with".*

## Join Us.

If you are interested in attending a few of the Endurance Rides, why not join our Group. Members benefit from reduced ride entry rates and are eligible for distance rosettes and trophies at the end of the year.

**See website for details.**



